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# 24-30 Months

## Cognitive Skills

- Participate in sorting and matching of shapes and some colors
- Has a longer attention span
- Able to do trial and error to solve problems
- Understands future time- not past time, but discuss past experiences (simple concepts)
- Understand symbolism such as nodding your head means “yes”
- Play pretend such as talking on phone
- Sort objects by shape and color
- Copying lines
- Build a tower of 5 blocks or more

## Sensory and Perceptual Skills

- Walk backwards and side to side
- Walk upstairs and downstairs without falling
- Reacts to extreme temperatures
- Enjoys messy play

## Language Skills

- Able to speak short phrases (of 2-3 words)
- Understands the words “mine” and “yours”
- Uses nouns and pronouns
- The parent or caregiver can understand most of what the child says
- Learn the word “no”

## Gross Motor Skills

- Jump in place
- Begin to run
- Roll
- Stretch
- March
- Walk

## Fine Motor Skills

- Can use small safety scissors
- Grasp and scribble with a crayon
- Grasp/string beads on a thread
- Remove lids from jars



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## Social-Emotional Skills and Social Participation

- Problem with sharing
- Trouble expressing emotions
- Tantrums!!!!!!!!!!!!
- Responds to other's emotions
- Starts playing with others
- Observe and imitate others
- Beginning to notice gender differences

## Play

- Play on playgrounds
- Puzzles
- Pretend play
- Walk on narrow balance beam
- Pedal a tricycle
- Kick a ball

## ADL and IADL Skills

- Can dress themselves- may need help with buttons/zippers
- Can remove buttons and unzip the zippers
- Show an interest in potty training
- Enjoys taking a bath
- Sleep schedule
- Participates in helping put things away (clean up)

## References

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