

Developmental Milestones

18-24 Months

Cognitive Skills

- Knows meaning of simple objects
- Points to get attention
- Can find hidden objects
- Start to sort shapes/colors
- Start to show hand dominance
- Can point to one body part
- Name items in a book
- Can follow 2-step instructions

Sensory & Perceptual Skills

- Regular sleep schedule
- Walking flat footed
- No longer puts non-edible objects in mouth
- Awareness of wet/soiled diaper
- Can maintain eye contact
- Awareness of where items belong
- Can self-calm within 15 minutes



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Language Skills

- Form short sentences (2-4 words)
- Knows the name of body parts
- Verbalizes desires
- Asking for common foods by name
- Beginning to use pronouns
- Understands simple verbs
- Repeats overheard words
- Jargon is gone by 24 months

Gross Motor Skills

- Jumps with both feet
- Throw ball overhead
- Climb stairs
- Climb out of crib
- Kick a ball
- Stand on one foot with hand held

Developmental Milestones

18-24 Months

Fine Motor Skills

- Use fingertips to pick up small objects
- Build a tower of 4-6 cubes
- Use a spoon
- Draw/copy vertical line
- Scribbles spontaneously
- Turn pages in book

Social-Emotional & Social Participation Skills

- Small groups
- Interested, aware & maintain eye contact
- Stops putting toys in mouth
- Self-soothes
- Separation anxiety decreases
- Comes when called
- Seeks adult approval
- Likes to help with daily routines

ADL & IADL Skills

- Self-feeding
- Feeding baby dolls/babies
- Wants to help with chores around house
- Starting to undress self
- Start brushing teeth by self



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Play Skills

- Builds towers of 4 or more blocks
- Handing things to others as 'play'
- Enjoy interactive games
- Plays simple make-believe games
- Dances with music
- Pretend play
- More interest in playing with other kids